Under 75 g

Best Climate in US by Government Report

Vol. 17

No. 29 Alpine, Calif. 92001 Friday, July 19, 1968

10¢

NEW FAMILY BUYS HOME HERE

The splendid future of Alpine as a fine residential suburb of SD is fast arriving, for this week came another nice new family from Chicago.

They are Mr. and Mrs. Andrew L. Timson, with three young people: LinCofC FOR AMBULANCE SERVICE

Wednesday night the chamber of commerce heard Peter Dart of Campo, who runs an ambulance service, explain how he could give Alpine quicker service if 500 families signed for \$20 yearly. It

More on 15



coln, $15\frac{1}{2}$; Charles, 14, and Katy, 12. Lincoln will attend El Cap as a sophomore while the younger pair will go to Alpine School.

Timson is a retired sales manager for a large insecticide firm, but will keep busy with a franchise for Print-O-Tape in territory from Santa Ana south. They moved into the lovely home they bought from Martin Lacko who built it in 1965 at 2707 Via Viejas in Palo Verde Ranch. It is on $2\frac{1}{2}$ acres, with 4 bedrooms, 3 baths and a 2-car garage with scenic view of the lake and mountains.

More on 15

NEW PO MAY BE AT OLIVEWOOD

Wednesday R. A. King of the post office department who is working on the location for a new and much larger facility here reveals that they are considering the south-east corner of Arnold Way and Olivewood Lane, owned by Barney and Agnes Ratliff. They own the present postoffice.

"Review is being made by county planning" said King, "so we do not yet know what the outcome will be as we must have 190 to 200 feet depth and the zoning is commerical but for 100" (See Sun April 26, 1968).

Tune Clarke Irvine on Physical Fitness, Radio 860, XEMO, Sundays 7 & 10 p.m...

Recently Mrs. Yula Harris, native of Idaho, and well experienced in running shops that handle exclusive ranch togs, tack and so forth, became manager of the popular Alpine Western Wear, 2111 Hwy 80, adjoining Rexall Pharmacy.

She spent 7 years with the old Frontier Shop in EC, more lately was with the Porters in Scottsdale, Ariz.

"I'm happy to meet so many old friends here" she says, "and we are getting more visitors all the time. Business is really good and we now have just about a complete stock".

In photo she holds one of their handsome belts, and hanging in back of her

EL CAJON THEATRE

444-3272

NOW THRU TUESDAY

"The Bible"
Steven Boyd, Ava Gardner
"The Flim Flam Man"
Geo. C. Scott
Sue Lyon
Starts Wednesday
"Planet of the Apes"

FAMILY NIGHT EVERY TUESDAY

AERO DRIVE-IN

444-8800 NOW THRU TUESDAY

Julie Andrews
"Thoroughly Modern Millie"

Don Knotts
"Shakiest Gun in the West"

Swapmeet 9 to 5 Sat. & Sun. 25¢ to Walk in \$2. to drive in & sell per car



is part of the big tack stock which includes some handsome saddles. Many who plan on entering the Big Rodeo here in August are stocking up here, she adds.

Store is owned by Pat & Woodie Mitchell who also own Alpine Convalescent Center here.

HARTS HOME FROM YESEMITE

A two weeks vacation to Yosemite Valley was enjoyed by Mr. and Mrs. Don Hart and two children. They drove both ways but were glad to get back to Alpine. Mrs. Hart said "we saw lots of hippies and learned the day we left that they were to be driven out but they certainly have taken over the valley".

For Your Health Foods, Vitamins & Special Diets Purchase With Safety & Confidence At The

VALLEY HEALTH FOOD STORE

IN BUSINESS SINCE 1950

W.L. HOUGHTON, OWNER.

The address is still 133 Prescott, El Cajon 444-8447

See Explosive I.R.A. World Championship

ALPINE

RODEO



America's roughest Sport at its rugged best with cowboys and cowgirls competing for world championship points on the West's toughest, double rank livestock.

SAT. AUG. 3 - 2 P.M. Night Performance - 7 P.M. SUN. AUG. 4 - 4 P.M.

RESERVED, \$3. - GENERAL ADMISSION, \$2.
KIDS UNDER 12, \$1.

EDITORIAL



COULD LESS SUGAR MAKE THE WORLD PEACEFUL?

In the current issue of Today's Food, a publication from the Seventh Day Adventists at Riverside, is a rather startling story on how sugar consumption might be reduced to the minimum and thus maintain normal brain function.

We hold that if people were in perfect health they would act normally, and normal folks would not fight, or do many of the things that are today ruining civilization-- war, murder, robbery, corruption and so forth.

The story shows that one of the most fascinating discoveries of recent times is the exploration into the mysteries of the brain "The most highly organized apparatus in the universe". This remarkable organ consists of 10 billion nerve cells or neurons, with masses of supporting cells, a communication net-

GRANNY'S KITCHEN Featuring Complete

ROAST BEEF & CORNED BEEF DINNERS, SOUP TO DESSERT

\$1.49

Mon. thru Fri. 11 am to 8 pm 442-2001

176 Rea Street El Cajon, Next to Municipal Parking Lot on Cypress

ALPINE SUN

America's Tiniest Newspaper
445-2415 or 445-2394
2255 Tavern Road, Rt. 1, Box 189
Alpine, SD Co., Ca. 92001
Published weekly on Friday
10¢ per copy, by mail \$3. yearly
Clarke Irvine, Editor & Publ.
AOPA 194347

Alice Irvine, Art & Composition Printed & Produced on the Ranch 2nd Class postage paid at Alpine. Est. Jan. 1952, Adjudged for legal ads on 11-12-59 in superior court, No. 238120.

work that reaches every part of the

body.

Électricity at fantas tic speed keeps this amazing machine working. Asleep or awake, an adult brain operates on 20 watts of energy. The source is the individual nerve cell, each of which is a tiny dynamo.

Its fuel is glucose combined with oxygen. That is why, if the brain does not get oxygen for a few seconds, life

is gone and death ensues.

Glucose is a sugar, but one should not eat more sweets to give the brain more fuel.

Now here lies our problem which makes people say of some "He's off his rocker". Too much sucrose (sugar) in the blood raises the blood sugar to above normal, causing insulin to be secreted into the bloodstream. This usually sends the blood sugar to below normal, which gives one the same reaction a diabetic gets from too much insulin.

The brain operates on a momentary pickup of glucose from the blood, therefore, if the blood sugar goes much below normal, there is not fuel enough to function properly. The lower this sugar, the more abnormal the behavior.

Thus there are many who act strangely and are even in mental jails simply because they have been eating too much sugar as in desserts, candies, sodas and other items containing sugar. So you see it is most important to stay away from sweets to the minimun to maintain normal cerebral functioning.

So to keep our boys out of war and others out of asylums, we better cut out so much sweet eating!-CI

The population of the US is most dense from the neck up.

TREASURES IN WORDS

He that overcometh shall inherit all things; and I will be his God, and he shall be my son. Revelation 21:7

Farmers Insurance Group

149 N. Magnolia, El Cajon

ARLIE D. NUNLEY

442-9484

CRASH KILLS MRS. PEARL LYONS

Dead on arrival in EC Valley Hospital Tuesday afternoon was Mrs. Pearl Bliss Lyons, 61, of Japatul Road, south of Hwy 80, Descanso, following a crash at 18.40 pears here.

12:40 near her home.

She had pulled out of a neighbor's driveway, collided with a car driven by Bruce A. Shepard, 19, also of Japatul Road who was northbound. Mrs. Lyons was with 3 grandchildren belonging to her daughter, Mrs. Joan Kyle, with whom she lived. They were slightly injured. Susan, 11, was ejected from the small car with Mrs. Lyons. Thomas Kyle, 17, and Wm. Luhnow, 14, were slightly injured. Young Shepard was not hurt.

Mrs. Kyle is receptionist and secretary for Dr. Robt. Burak here. Mrs. Lyons had lived with her for about 2 years, was a native of Madison, S. Dak. Her sister, Mrs. Evelyn Ryan of Glendale, and a brother-in-law, Russell Lewis, & son Kenneth, came here for the funeral from Santa Maria.

Funeral is slated for today at 2 in Paris Mortuary with burial at Lanse, Pa. where the family has a plot.

Be a sun subscriber, only \$3. a year.

LEAVES HOSPITAL AFTER CHECKUP

Home and ready to attack her arduous duties at the Doll House, 1911 Hwy 80, where she operates the antique, candy and beauty shop, is Mrs. June Link who spent several days in the hospital for a checkup. She reports business as steadily increasing, especially in the choice Doll House Candies, which are shipped even out of state.

The great SD Zoo has a new baby hippo which was born under water after gestating 8 months, even nurses while submerged, may someday weigh as much as its parents, 4 to 5,000 pounds. Hippopotamus is Greek for "river horse".

LISTINGS WANTED

EXCHANGES HOMES RANCHES ACREAGE

AL SMITH BROKER

445-2670

2249 Hwy 80

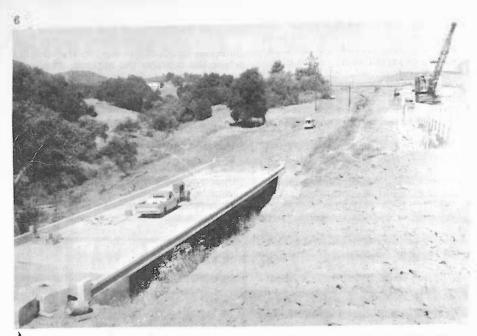
Alpine



OWE LETTERS?

Drop your pen and take phone in hand With a Long Distance call you'll be talking almost as soon as you can write: "Dear . . .". And nothing says you like your voice.





Diamond-- A gem whose bright sparkle renders a woman stone-blind to the defects of the man offering it.

COLOR - BLACK & WHITE ANTENNAS - STEREO - HI FI

ELECTRONICS SERVICE & SALES VIEW 442-4229

NOW COCKTAILS

AT

STALLION

OAKS RANCH

Bar-Restaurant,

Descanso

445-4179

FINISH ANOTHER ACCESS BRIDGE
The Daley firm, working like beavers
on their section of the freeway through
Alpine proper, just finished the access
road bridge south of Hwy 80 to handle
traffic off new US 8, at right. There
ball-crane is wrecking old eastbound
Hwy 80 to make way for new 3-lane
bridge eastbound. See photo next page.

MANDY PAYNE MARRIES

Douglas Payne of Japatul Valley announces the marriage of his daughter Mandy, 15, to Danny Pscholka, 20, U USN, Sunday, July 7th in the home of Rev. and Mrs. Galloway of Dulzura. A reception followed in the home of Mr. and Mrs. John Clark of Alpine, who are friends of the Paynes.

Young Pscholka left for Vietnam, will be gone a year, hopes to work in Civil Service when he returns. Mandy will continue to live at home.

When you think of the government debt the next generation must pay off, no wonder a baby yells when it's born.

Carl's Boot & Leather Shop

SADDLES - TACK - SUPPLIES - CHAPS TO ORDER 1275 N. Second, El Cajon 442-3027

Here Daley's ballcrane is whacking down old Hwy 80 bridge to make way for wide new one to carry 2 fast lanes eastward plus a truck crawling lane on side. At right is seen detour which takes traffic off Hwy 80, routes it over Willows Rd. while Vinnell Corp. workers are blasting out rock at upper Willows Interchange.



RODEO SHAPING UP

Only two weeks remain till Alpine enjoys its first rodeo on the Youth Center grounds Aug. 3 and 4 with might performance starting at 7 Saturday night. After the show a dance will be in the Center patio with real live western music.

Monday afternoon a live Brahama bull named Billie will be on display in the center of Alpine for all to see. He is a huge animal, over 2000 lbs, has only been ridden 3 times.

Fred Williams and Woodie and Pat Mitchell have arranged for 7 world champion riders to appear in 7 divisions for the 2nd largest IRA purse in Southern California.

Tickets are on sale at the Alpine Sun, Nikki's, Alpine Western Wear, Carrell's Feed Store, Alpine Chamber of Commerce and through the Irvine Twins.

McKie Realty

P.O. Box 398, Alpine

2355 Hwy 80

445-2217

LISTINGS WANTED

"Before You Sell or Buy See McKie"

Every man thinks his wife should be in Congress; she brings so many bills to the house.

Lutz's Garage

Complete Automotive Service
AUTHORIZED

BRAKE STATION



24-HOUR TOWING 445-29671

Harold Lutz 1620 Hwy 80 P.O, Box 341 Alpine,

HORSE TALK

By The Double C's

Only 14 more days till Alpine's first big Rodeo and we are getting more and more excited about it. Call me at 445-2394 if you haven't already gotten your tickets and I will deliver them personally. Am trying out for the queen and my only chance is to sell more tickets than anyone else, so help me out, if you will.

Sure was surprised to wake up Monday morning at 8 am and find 12 tons of hay in our back yard. Mama had ordered it and didn't say anything. We heard the big crane unloanding it and were glad to see it, as we were down to 3 bales. McCall's Ranch School took

POOR'S TAILOR SHOP

Men's & Ladies

Alterations-Reweaving-Dry Cleaning

442-1333

1396 E. Main

El Cajon

Beeson's Disposal Service Trash & Garbage Mixed

TWICE WEEKLY PICKUP Serving Harbison Canyon To Mt. Laguna Call 445-3029 After 4:30 PM

Nutrition Center

Your Health Food Store
162 E. Main 442-7212

Mr. & Mrs. H.A. Gillies

COMPLETE LINE OF HEALTH FOODS.

SPECIAL DIET FOODS - VITAMINS

MINERALS AND SUPPLEMENTS

Open Daily Except Sunday

9 am to 5:30 pm

a we day GREEN STAMPS し

the trailer load so we will all have hay to last us for awhile.

Gary Menconi was out riding the new Appaloosa mare his mother traded Candy for and he likes the horse. She is expecting a colt soon so that will be two colts Gary gets to raise and train.

Don' forget Sunday's work party at "Gary's Alpine Acre". Bob and Nikki Menconi, his parents, put up a huge ring on Hwy 80 at the Willows for all Alpine to use and are having a work party with BBQ in the evening for all who worked on the project and also those who came up and worked on Sunday. All leveling and grading have been done and all that is to be finished is painting and a few other things. Nikki and Bob invite horse enthusiasts to come up and get acquainted and lend a hand. It will be nice, expecially for those with horses.

I took my $2\frac{1}{2}$ year old colt Angel for a ride to Alpine Monday and she was an Angel. We went through all the 80 traffic, up Eltinge Drive, around South Grade Road and she was just wonderful She has had extensive training for a month and is a living doll. Sure am happy with her.

Hope everyone has seen the big fiberglass longhorn steer that Woodie Mitchell has mounted in the back of his pickup advertising Alpine's First IRA Rodeo. It is a cute idea and draws lots of attention. Also the hug 16 foot sign at the Convalescent center entrance is another eye-catcher.

Doug Payne and his family gets u every morning expecting to see a new colt from their mare Gracie. One of these days they will be surprised and it will arrive.

Bruce Hill was home for a week to visit his family before being shipped to Thiland where he will be stationed for the next 12 to 14 months. He surprised his parents by just walking in, enjoyed his stay and they were glad to see him. Bruce is a corpral in the USA.

Land Listings N.M. GRIECO Realtor

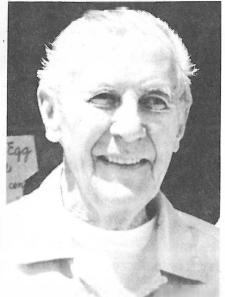
465-9900

7299 University Ave.

La Mesa

DEATH TAKES MARCUS SCHAEFFER

Deadon arrival at College Park Hospital Monday afternoon was Marcus Schaeffer, 71, who was seized at his



home, 4425 50th. St. in San Diego. Private funeral was yesterday at 2 pm in Goodbody Mortuary Chapel.

Survivors besides the widow Lona; a son, Alan of Nice, Calif., and a daughter, Mimi Wilson, of SD, 3 grand-children, and 2 sisters in Denmark. The Wilsons resided here when Jack Wilson ran the Alpine Store and the Schaeffers had the Willows Motel. Schaeffer had lived in the county 16 years, 14 in Alpine, where he was a charter member of the Kiwanis Club of which he had served as secretary-treasurer for several terms. He was a native of Denmark.

YOUNG SWINLAND MARRIES

Dwight Swinland, 19, son of Mrs. Shirley S. Elston, former Alpiner, now of Davis City, Ia., was married June 29 to Linda DeLong, 18, of Oceanside, in St. Anthony's Episcopal Church in that city. Mrs. Elston and daughter Michelle came out for the wedding. The couple enjoyed a brief honeymoon at Big Bear Lake. They will live in Vista as the groom attends Palomar College. Don Roccaforte of Alpine was best man, his wife being the former Cottie Swinland.

Be a Sun Subscriber, only \$3. a year.

Meachum's

Window Coverings And Floor Coverings SALES AND INSTALLATION

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260 W. Douglas

El Cajon

Bob Wilson's TEXACO SERVICE



BATTERIES - TIRES - ACCESSORIES
Complete Motor Tune-Ups
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2232 Hwy 80

Alpine, Calif.

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YOU CAN GET MORE
FOR YOUR MONEY
WITH LOW COST
home and auto
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from

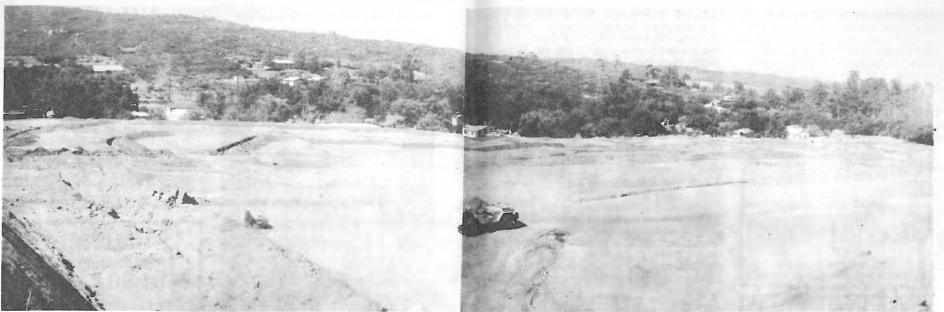
Preferred Risk Mutual INSURANCE COMPANY

445-2837

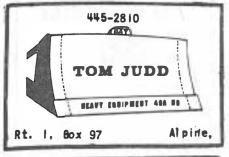
BCB CATLETT

286-4411 San Diego

5918 El Cajon Blvd.



Mrs. Newlywed, "I'll put up with your untidiness, I'll tolerate the ash on the carpet, I'll stand for the noise you make in the bathroom, I'll endure your irregular hours—but it's going too far when you try to play my pancakes on the phonograph."





UTILITIES GOING IN BIG NEW TRAILER PARK

Here is view from bank at northeast corner of Vista Alpine Mobilhome Estates on Hwy 80 which is slated to open by end of August, says Alex Doig, in charge for the Sickles firm, owner-builder of the 151-space enterprise.

Continual delays have been met with due to hard granite rocks in the way of trenches for water, sewer, power, phones and natural gas. This looks southwest, shows homes along Hwy 80 and Eltinge Drive. When fully occupied, project should add around 500 newcomers to present population of 4100 odd.

Mrs. Clinton Black is still in El Cajon Valley Hospital, suffering from a broken hip sustained in her home the night we had the power off for an hour.

GULF STATION

Complete Lube Service, Dorman Recaps, Truck Tire Service: Any Place, Any Time. Batteries and Accessories. WhiteGas and Block Ice.

We Give S&H Green Stamps 2151 Hwy 80, Alpine 445-4188 MRS. ROETHEL'S MOTHER IS 99

One extra tall candle on a red, white and blue decorated cake was the unique tablepiece at the July 4 party for Mrs. Florence Estep, mother of Mrs. Ed Roethel who gaily celebrated her 99th birthday at the Roethel home on Holly Drive. She makes her home with the couple. She is a retired registered nurse, is hale and hearty, attributes her lively longevity to being a light eater, always watching her diet, keeping her weight down, being busy, and exercising and having a blood pressure of age 30!

They entertained quite a number of old friends, including Mr. and Mrs. Glenn Rosecrans, who flew out from Tulsa for the occasion. They have been warm friends for 37 years.

There's nothing harder than a diamond, except making the payments on it.

CARRELL'S

Hay, Grain & Supplies

George Carrell

Vet Supplies

Closed Sunday

445-4436

2424 Hwy 80

Alpine

Don Kenivan is back from a 7 weeks trip that took him over many midwestern states. He says "had a lot of fun driving to see all my friends and relatives, had a very nice time but am glad to be back home."

Commercial - Residential - Mobile

AIR CONDITIONING

Rosko Refrigeration

SALES AND SERVICE

445-3836

9926 Hawley Rd.

El Cajon

Alpine CONVALESCENT Center

STATE LICENSED

Conscientious Service, Balanced Meals, Congenial Atmosphere

Reasonable Rates Depending on care required

445-2644 or 445-2645

2121 Hwy 80 445-2771

ALPINE'S ROYALTY IN BIG PARADE

The King of the United Senior Exchange (Jim Pinkerton), and Lady Alpine, from the Lively Oaks Club here, were prominent in the Fourth of July parade in Coronado. They rode royally in the car driven by Fred Rohr, also of the Oaks.

"It was a grand day" avers Jim, who wore his robe and crown and accepted plaudits from the large crowd.

Trailer & Camper Service & Repairs Mobil Home Towing

Valley

TRAILER SUPPLY

1540 E. Main St., El Cajon, 442-0971

DOLL HOUSE

Antiques & Gifts
DOLL HOUSE CANDIES
BEAUTY SHOPPE

1911 Hyw 80

445-4289

ALPINE



PHARMACY

PRESCRIPTION SPECIALISTS
COSMETICS
GIFTS

2109 Ilwy 80

Alpine 445-2488

HELP!WE NEED LISTINGS

Have buyers for homes on 1 to 2½ acre parcels.

GORDEN

REAL ESTATE

445-2218

2140 Hwy 80

Alpine

ALPINERS ENJOY SOUTHERN TRIP

A delightful trip to Columbia, South Carolina was enjoyed by Mrs. June Smith and her two boys, Steve and Mitchell. They flew both ways, visited her parents, Mr. and Mrs. James Melton, who are living on 105 acres of beautiful wooded property Mrs. Melton inherited from her parents. She was raised there and the trees, 20 foot stream, and the creeks are the same as when she was a child.

Mrs. Smith said that the underground springs, rain and humid weather make things grow a foot in one day. The roadway is being put in along the property and before they would get it paved the grass was knee deep.

The family took side trips to North and South Carolina, also Virginia and said "we had a marvelous time. Was our first trip back and we found everything so different and interesting."

PAST PRESIDENT'S CLUB MET

luncheon.

An executive board meeting of the Las Donas Past President's Club was held in the home of Mrs. Edward F. Maczko, Wednesday.

Plans were outlined for the coming season and especially the next meeting held July 30 at Sir George's Restaurant in Chula Vista at 10 am with a no host

The charter of this new club was presented at the state convention, California Federation of Women's Clubs in May at LA, and they became a federated club of California as well as general. Presentation of the charter was made by State President, Mrs. Walter Harness to Mrs. Frank M. Laswell, who was then president of So. District, of which this club is affiliated.

Membership is open to any Past President of a Federated Club.

Dieting-- The art of letting the hips fall where they sway.

Evelyn's BEAUTY SHOP

PERMANENTS FROM \$6.50 UP

Closed Tuesday 2030 Crest Dr.

444 - 4294 Suncrest RALPH WALKER, PIONEER, DIES

Service was Monday in Greenwood Mortuary in SD with burial in Sunnyside Memorial Park, Long Beach, for Ralph Collins Walker, 84, eldest son of



the noted F.B. Walker family which founded the Willows. He died Thursday in Alpine Convalescent Center.

Affectionately known as Uncle Bim, to his many friends and family, he lived in SD County since the age of five.

Being a pioneer he was a member of the SD Old Timers Club as well as the East End Kids. He served as president of the Ramona Rotary Club and the County Grange.

Mr. Walker was engaged in the furniture and mattress business in La Jolla and Ramona. His hobby of rug weaving occupied his time since retiring a few years ago.

Survivors: widow, Caroline, also living in the center; a daughter, Florence Weare of Long Beach; three sisters, Cornelia Jordan, of Alpine, Lucille E. Swartz and Dorothy Walker Markley of SD; two brothers, Donald M. of LM and

Water Wells PUMPS

SALES SERVICE Water Wells Drilled

STOCKTON PUMP & MACHINE

3ll N. 2nd, El Cajon 444-2672

Douglas W. of Alpine, who still lives on the original Walker Ranch at the Willows

The father, F.B. Walker settled here shortly after the town's real founder, Benjamin Arnold, started Alpine on its way to becoming a town. He bought land on both sides of the country road that later became Hwy 80, now Willows Road. He built a nice adobe home that was known as The Willows. Soon cabins were added and the spacious dining room turned into a public one, frequented by tourists and visitors from SD. For many years it enjoyed popularity, in the 30's being run by Dorothy Walker Noble, later owned by Mr. and Mrs. Mark Schaeffer who ran it for several years as a motel.

Mrs. Jeanette Hinkle who was operated on last Tuesday week is still in the hospital but is getting up some, hopes to return home soon.

Desertion -- The poor man's method of divorce.

BROWN REALTY Co. LISTINGS WANTED

Homes - Ranches - Acreage
2237 Hwy 80 Alpine, Cal. 92001
2237 Hwy 80 PO Box 317

445-2631

Res. 445-3035

SEE THE BEAUTIFUL

1968

Models

Don't miss this one, the greatest ever.

442-0201



850 EL CAJON BOULEVARD

DOUBLE TALK

By Cecile and Celeste Irvine

Our cousin, Trudy Arndt, is here for a week and we have been having a real blast, Sunday went to Point Loma to swim but the seaweed was so thick we didn't go in, so sat in the sun and got a real burn. It was fun anyway, except the peeling we are going through this week.

Mary Fitzgerald has her new Honda for sale for \$190. She won it on Hollywood Squares and hasn't time to ride so wants to sell it. Wish we could have it but Daddy says no. They are dangerous but .not so much if you are careful.

Our neighbor Roy Provence has his two nice German shepherd dogs to give

Alpine Gradina & Equipment Rental

Fred Rushing

Alpine

445-2214

ALPINE REALTY

Company

LISTINGS WANTED

HOMES - RANCHES - LAND

2175 Arnold Way.

445-3310

El Cajon Awning & Mfg. Co.

Alpine Representative Lee Widmer, 445-4171

AWNINGS - CABANAS - SCREENED **ENCLOSURES** For

Mobil Homes - Patios - Residences

COME IN AND SEE OUR SHOW ROOM DISPLAY

845 El Cajon Blvd., El Cajon 442-3301

away to a good home. They are 2 years old, love kids and don't bark very much. They are not pure bred dogs but have good dispositions which makes up for that. Call 445-2415 or 445-2394 for more information as he isn't home except on weekends and we could help you.

Marty Miles of Sleepy Hollow Ranch was sad last week when she found her little black puppy Cuddles dead. He must have been bitten by something as he wasn't run over or had gotten into something poison. He had his leg in a cast as he had broken it a few weeks earlier and was to go in this week to get it off.

Mrs. Wilson was happy when she found her Springer Spaniel Monday. She disappeared Sunday night and she and Don Kenivan searched all over, finally found Snoopy sitting on her back doorstep. She had taken off evidentally for a short walk and found something interesting and had stayed the night.

Mandy Payne has two houseguests staying with her. Pam Burelle of Desert Hot Springs is here for two weeks and Adele Sikes of SD is here for a few days. They are enjoying country living and having a good time riding and swimming.

Timmy Webb took a lot of ribbons at the Del Mar fair for his vegetables that he grew all by himself.

Donna Hart is working in EC Valley Hospital as a Candy Striper and likes it a lot.

Vera Miller and two daughters Tina and Nita moved Monday to SD to be near their brother's family. He had to go to Vietnam so they are glad to be close. Their house is only a short distance from Sears big store in SD so that makes them all happy.
SoAnn Villa sold her sheet to Mrs.

Yula Harris, who runs Alpine Western Wear.

Alpine needs a roofing service.

BILL'S TV



2357 U.S. Hwy 80 -- Alpine "Finest in Radio and TV Service" Black and White and Color Antenna Installations

445-2134

9 am to 5 pm

NEW FAMILY FROM Page 1

When asked why they chose Alpine Timson said "We had 3 choices in mind; Hawaii, Phoenix and San Diego. I flew to the Islands, but did not care for it. The desert was too hot, so we looked over La Jolla and La Mesa, but wanted to get more into the country so a realtor dug up this place which we looked at and bought right away and are delighted with the whole place".

His wife Elizabeth is a native of Highland Park, Ill., while he was born in nearby Evanston, both near the metropolis. His hobby is fishing, hunting and barbecuing while hers is mostly painting, and decorating tiles.

So welcome to Alpine, the latest subscribers to the Sun which visited them to give a personal welcome.

AMBULANCE STORY from Page 1. was voted to make a poll by an ad in the Sun with coupon which residents could send in. If enough desired, the chamber will go ahead and promote the idea.

At the 7 a.m. breakfast of the Kiwanis Club, Chas. Cordell, president of the 200th Anniversary celebration of San Diego's birthday, will be speaker in the Log Cabin Cafe.

"I HOPE," said the model young man to his new lady love, "that you don't park with boys on dark roads?"

"Net," she said hopefully, "unless I'm driven to it."

I call my girl 'Peach' because she has a heart of stone.

Buy your Rodeo Tickets from Cecile Irvine, 445-2394. She will deliver.

Mr. and Mrs. J. M. Cunningham leave Monday by camper on a long vacation to visit friends and relatives in Colorado, Oklahoma and Kansas, their first stop being in Aspen. They will again attend the annual Cunningham family reunion in Osawatomie, Kansas which attracts 70 to 80 family members.

Lazy husband: "I see there's talk of another strike.'

Wife: "Yes, and if you were half a man you'd get a job and be able to go on strike, too."

McGUFFIE'S SUNDRIES

Medical Preparations - Vitamins

Fountain Lunch

Greeting Cards - Cosmetics PAY LIGHT & PHONE BILLS HERE

2363 Hwy 80

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NOW SERVING

LUNCH

DINNER

Choice Steaks - Fine Seafoods Italian Dishes

PETRUCELLI'S

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156 E. Main

El Cajon

ALPINE



WESTERN WEAR

Full Line of Boots, Clothing, Saddles, Tack & Accessories

2111 HWY 80

Alpine Rexall Bldg. 445-2739 Plenty of Parking This is why Hwy 80 is closed several hours in daylight so the Vinnell Corp. can blast and clear road for Interchange at upper Willows Road where it joins present highway. Largest earth handling machines load rock and earth. haul it to one of deepest fills in state to carry eastbound lanes of US 8.



CHATEAU MINI MART

Formerly Alpine Outpost

GROCERIES - SUNDRIES
Beer, Wine & Beverages

4008 Willows Rd. 445-3139 (Frontage Road)

All Types of INSURANCE

Home - Commercial - Industrial Accident - Life - Automobile

"Serving Alpine Area Since 1875" 442-8871

PERCY H. GOODWIN Co. 490 N. Magnolia, El Cajon LIVELY OAKS DOINGS

There were 36 members on hand at Monday's meeting to enjoy the day and the lively discussion about what the club should do for the 200 anniversary coming up for SD.

Mr. and Mrs. Wallace Coppock introduced their guest Mrs. Carolyn Ingling from Miami, Fla and Gladys Pinkerton read the letter from the Alpine Chamber of Commerce inviting all to the Wednesday meeing.

An interesting card was received from Dorothy and Phil Hall who are touring Europe.

Mr. and Mrs. W.K. Turnbull of Wheaten, Ill, are visiting Mr. and Mrs. O. Mack for the summer, she is Mack's sister.

Vote no on Federal gun control!

Howard Kaye, Interiors

UPHOLSTERING

3 Day Service & Delivery

Try our free estimates and judge for yourself.

Days 444-3158 - Nights 447-1963

1456 N. Magnolia

El Cajon

Here is shot from above work shown on preceding page as Ed Turk, state inspector and Paul McMakin. foreman for the Vinnell Corp., watch progress after big blast in hard blue granite. This is where upper Willows Interchange will be built. Work is progressing right on time.



INVENTS SOLAR WATER STILL

What may prove a revelation to users of pure domestic water is being tried out in Alpine. It is the invention of Horace McCracken, who resigned as a field engineer with General Astronautics to devote all his time to the project.

The first model of a household type is now making a gallon a day at the Irvine Ranch. McCracken is the owner of Sunwater Co., 10404 Mission Road in SD, 92120. He has 25 larger stills in the field, 7 in Mexico, 4 in the desert, 8 in LM & SD, the rest in other locations. Largest is producing 25 gallons a day in Ballarat, Calif.

His firm plans on 2 domestic sizes, a 5-gallon bottle a week at \$45. and a 10 gallon per day bottle at \$75. They are no trouble, just place water in a receptacle and out comes pure drinking water.

"HOW," asked the business executive, "can I get this message to every married woman?"

"Very simple," answered the publicity man. "Just address letters to every married man, and mark them all 'Personal.'"

1981 Arnold Way

Depression-- A period when all wages go down except the wages of sin.

Florist 9934 Maine

"Flowers LAKESIDE

By 443- 1066/1067

Evenings

Lakeside" 222-1892

Weddings Our Specialty

Enjoy The Attractive New

Log Cabin Cafe

Adjoining The Lounge

2205 Hwy 80 445-2243

BROASTED CHICKEN STEAKS & SEA FOODS

DAILY 9 A.M. TILL 11 P.M.

DR. FRANK J. BORNOWSKI D.C.

General Practice
Sundays & Holidays By Appointment
Closed Wednesday

445-2169

30¢ per line per time. Cash only. 6 words to each line. Mail to Sun.

REAL ESTATE FOR SALE 1 BR Canyon home, \$8500. \$2500 dn. horses ok. Beautiful, new, 5 BR home on 1 acre, horses ok. \$31,500. 16 acre ranch, 3 BR, Fireplace \$39,500.

3 BR, fireplace; heated, fenced pool;
 3-car garage, guest house, corrals,
 barn, 2 stalls, loft, Alpine, \$49, 500.

1 Acre, city & well water. \$8,000. 100 ft. frontage Hwy 80. Commercial building.

80 Acres \$50,000. SUNCREST, 2 BR, 3/4 acre, \$10,700, \$3,000 down. Horses ok. Alpine, new beautiful 5-br, 1 acre, Horses OK, \$31,500.

2 BR Home \$14,500. Fenced. Fruit and shade trees. Terms.

AL SMITH REALTY 2249 Hwy 80

445-2670

IN LIVE OAK SPRINGS 3 BR house, 2 bath, basement, garage, fruit. Owner. PO Box 1173, 766-4250. Boulevard, Cal. 92005. (7/12)

FOR SALE-- One acre in Alpine. South Grade Road. Good building lot. Water hookup available. 448-7284.

FREE TO GOOD HOME- Two nice dogs, mostly German shepherd, to anyone who has a good piece of land they can run on. Love kids. 445-4437 or call 445-2394 for more information.

Ed Wagner
Independent Distributor

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DAIRY PRODUCTS

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REAL ESTATE FOR SALE

VALUE

in choice 1.55 acre plus 2 BR home & 2 rentals near new off ramp. Suitable for restaurant, lodge, apts., clubs, schools, etc. Call.

PICK REALTY 447-0082

HOME FOR SALE-- New quality 5 bedroom home, beautiful fireplace, builtins, horses ok. 1 level acre, \$29,900. More land available. Owner. 445-2433.

25 ACRES, 1015 frontage, 3220 E. Hwy 80. 2 Bldgs. May be used as motel or rest home. Write Broni, Wixom, Mich.

REAL ESTATE FOR SALE DESCANSO AREA

wooded lot. \$4,800 down.

2 BR on large lot, \$10,500, terms. 3 BR plus guest house on nice acre, \$6,000 down. Nice 2 BR plus family room on large

CUYAMACA REALTY
Hwy 79 445-2124 Descanso

ACRE PLUS, Alpine Highlands, Most beautiful view in Alpine. Drive Eastern dead end Olive View Road. Note sign Owner. 459-2564.

Mrs. Emma Holmes is happy to be back home, had an enjoyable vacation to Ft. Worth, where she spent two weeks visiting friends and relatives. Her niece, Julia Thompson came back on the bus with her for a few days visit. Enjoyed a picnic with the Acacia Club and a few places of interest before she returned to her home in Ft. Worth.

Women's styles may change but their designs remain the same.

First Church of Christ, Scientist 9573 Los Coches Rd. In Lakeside

Sunday Services 11 A.M. Sunday School 9:30 A.M. Wednesday Meeting 8 P.M. Care for small Children during All Services AIR CONDITIONER, \$95.00. 3/4 ton. 11,000 BTU, Vornado Deluxe 75. Window type. 110 volt. 445-2228.

YELLOW REFER. Excell. Condition, for \$40, 445-2433

57 Ford Fairlaine, 390 T Bird engine. Recently overhauled. New carburetor. new brakes, new shocks. Bargain, \$400. 445-2394 or 445-2415.

3 piece gold sectional. Good cond. Excl for play room. \$50. 445-2394 or 445-2415.

GARAGE SALE---Air conditioner, Dinette, bouffet, kitchen cupboard, end table, brass bed, linen, curtains, pictures, books, loads of dishes and miscl. Sat. July 13 to Wed. July 17. 1417 Tavern Road and Arnold Way.

1968 HONDA 50 FOR SALE, Complete, never used. Paid \$245. Cash \$190. 466-1025.

TWIN bed and mattress, \$15. 2 Refrigs. One \$10. and one \$40. Both working, 445-4010.

MISCL FURN. Dining Room set, Twin BR set, big rug, coffee table, double bed and mattress, kitchen utensils, etc. 1467 So. Grade Road. (7/19)

Saddle, like new. Bronco, semi square riggin, routh out. Padded seat. Will trade for another in same shape. 445-2394 or 445-2415.

Spirited pinto gelding, 7 years. Call 445-4101.

CAFE WAITRESS Wanted over 21 years of age in Alpine. Call 445-2188 or 445-2414.

Good butane range, \$35. 20" Elec. fan, \$9. 445-2631.

German Shepherd pups. 6 weeks. \$10. each. 445-3346.

SPECIAL NOTICES

SPECIAL -- 49¢ SALE Values up to \$1.25. Oleanders, Monterrey and Scotch Pines, Pyracantha, Italian Cyprus. PINE ACRE TREE NURSERY. 445-3037

HANDCRAFTED Woodwork, gifts, bookends, lamps, clocks. Smiley's Motel, 3905 Hwy 80, Alpine. 445-2770. (tf)

PAINTING, interior, exterior. Reasonable, fast. 22 years exp. Neat, clean. PO Box 242, Alpine. 445-2797 (tf)

SIGNS painted. Reasonable price. Call 445-4597. (tf)

LICENSED INSURED Electrician. Chas. Shorter, 2812 Hwy 80. 445-3763.

Ruth Burdett, piano lessons. 445-2877.

La Mesa Gold Seal Cleaners & Laundry. Free pickup & Delivery. 466-5957.

SEPTIC TANKS CLEANED Modern Septic Tank Service, 444-6197.

BUSINESS CARDS, \$5.95 per M. Blue or black, postpaid anywhere in US. Add 5% sales tax. 445-2415. Alpine Sun.

PROPANE GAS SERVICE. All types appliances; gas refrigs. Free estimates. Byron Crawford, 445-2087.

DO YOU NEED A LOAN on Real Estate or sell a trust deed? Call Don Bates, 445-2537.

CUSTOM BUILT HORSE TRAILERS parts and repairs. 8201 Wintergardens, Lakeside, 448-0168.

PLUMBING & REPAIRS. Back Hoe Digging. Leach, water & sewer lines and Septic tanks. 445-3860 or 445-2270.

HORSESHOEING-Trimming \$3. Shoes, \$8. Call after 6 pm. 443-4332.

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George Lengbridge FOR TV SERVICE Elack & White or Color 445-3885 20

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Alpine's Fine Weather

High 102, Ave. High 94 Low 55, Ave. low 63 No Rain, Season . 05

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Return Postage Guaranteed

Get Rodeo Tickets at Alpine Sun, Alpine C of C, Nikki's, Carrell's Hay and Grain and Alpine Western Wear.

Kip's Cafe

Delicious - Oriental - Exotic Orders to go - Also Home Delivery Closed Monday - Free Delivery 1058 E. Main El Cajon 442-1211 C OF C COMMENTS

The Lake Morena C of C is having their annual BBQ Sunday, July 21 starting at 11:30, runs till 4 at the Lake Morena camp ground.

The Social Security offices in El Cajon are holding open house Wednesday, July 24 from 10 am to 3, 570 N. Second. The public is invited.

Many a man who falls in love with a dimple makes the mistake of marrying the whole girl.

Call Cecile for Rodeo tickets, 445-2394

LIQUIDATION SALE!

SHOWER GIFTS & MISC. ITEMS

For Baby Thru Kids - Size 14 \$1. \$2.50 & Half Price

CRIB BLANKETS, \$2.50 Kid's Sox, 10¢ pair - Baby Shoes, \$1. Teen & Jr. Petites, 1/2 Price

SWIM SUITS - GRAFFA PAQUETTE CAPRIS
Dresses, Shorts, Sweaters, Skirts, Blouses, \$2.50

TOYS, 88¢

MAKE ROOM FOR NEW LINES!

Grab Barrel - - 50¢

"NIKKI'S"

2549 Hwy 80

445-3137

Alpine